

Personality Plus

Catchment area: Personality Plus is a national organisation but undertakes work on a regional level including London.

Project Contact details:

contact name:	Kath Lovell	tel:	National number to be set up in due course.
address:	59 Weltje Road, Hammersmith, London, W6 9LS		
website:	www.personalityplus.org.uk		

Accessibility: Accessibility issues will be considered.

Details of project meetings:

Planning group meet monthly in the Kings Fund, London.
Social meetings to be confirmed but the Arts and Social Network will meet monthly initially, further details to be confirmed

What does the project offer?

Opportunity to celebrate creativity and challenge stigma for people with Personality Disorder.

What kind of support or involvement activity is offered?

Personality Plus (P+) is not focussed on giving direct support. Support will be offered to individuals involved in the activities of the organisation on a very low key level. P+ has more focus on arts and creativity, challenging social stigma and offering social networking opportunities.

P+ is planning a series of arts exhibitions and the development of an "Arts and Social Network" where users and carers can meet to go to exhibitions and galleries.

Who does the organisation aim to provide a service for?

Personality Plus is for Service users and carers who identify with a diagnosis of personality disorder who wish to celebrate their creative achievements to challenge the stigma surrounding this diagnosis.

Who can and who can't access it i.e. inclusion/exclusion criteria?

Who can access?	Who's excluded?
People with Personality Disorder. Some events can be attended by the general public. People who identify with PD not necessarily diagnosed yet.	No particular exclusion criteria.

Are there any barriers to new people joining?

No

How can people access it?

There will be a call out for Artwork and films and submissions can be accepted after this call out.

Please email for more details

The Arts and Social Network will be launched in the Autumn, please email to register interest. No referrals required

How does the process start?

Email contact or phone.

Are there any conditions to joining?

No timescales but an interest in art and creativity or a wish to challenge stigma.

Are there any opportunities for service users to have an informal chat/meeting with someone before joining?

Initial contact by email is preferable

What makes it different from mainstream mental health services?

To use art and creativity to challenge stigma to celebrate achievements of people who identify with the issues of personality disorder.

The Arts and Social Network will give users and carers an opportunity to meet with others and make best use of London's galleries and Exhibitions to combat social isolation and increase inclusion.

What do people who use the service like about it?

The opportunity to celebrate outstanding artistic achievements of people with PD and to use the arts to reduce social exclusion and to aid recovery and social rehabilitation.

What could I expect if I came along?

Expect to be able to contribute art work and participate in events and to celebrate achievements by other artists and service users.

Also increase social skills and participate in networking meetings across London.

Who runs the organisation/project?

Board Of Directors. Project Managers and an Artistic Director.

Any plans for future development?

Personality Plus will be re-launching our website in the autumn and will be undertaking work in a number of regions across the UK including the eastern region, and North Yorkshire and Humberside

Service User and Carer Involvement

Service User Involvement

- Personality Plus is a User led organisation and Service users are on the Board of Directors.
- Support is provided to help to be involved in employment and volunteering opportunities.
- To encourage and support user involvement, P+ offers support to users and carers involved with different projects.

Carer Involvement

- Carers are encouraged to be involved in running the project -There is a Carer on the Board Of Directors.
- Carers are also encouraged to get involved locally and nationally.