

Henderson Hospital

PROVISO:

Henderson Hospital is an NHS specialist service for people with personality disorder, serving the whole of the UK. The residential Therapeutic Community has been temporarily suspended pending the outcome of a large public consultation in the autumn of 2008/spring 2009 (**Tier 4 Public Consultation**). The Henderson Core Team continues to offer specialist assessments, consultation and management advice to professional teams.

Catchment area: National

Project contact details:

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website:	www.swlstg-tr.nhs.uk/services/henderson_hospital.asp		

Is this where the organisation is based?

Outreach services are based at above address.

Residential service is at Sutton: Henderson Hospital,
2 Homeland Drive,
Sutton,
Surrey
SM2 5LT

Project opening times:

- Residential service: 24 hours, 7 days a week
- Outreach service: 9am - 5 pm Monday-Friday

Accessibility:

Physically accessible? Not wheelchair accessible

Language interpreter available? Can be accessed if needed

BSL interpreter available? Can be accessed if needed

What does the project offer?

Structured group programme including therapy groups, work groups, art therapy and psychodrama within a 24 hour therapeutic community residential setting. Support and involvement opportunities for up to one year.

What kind of support or involvement activity is offered?

As a living-learning environment, much of the support comes from the other residents including crisis meetings and support, day or night, in addition to the formal group programme. Peer and staff support with benefits/CPA and housing issues forms part of the group programme.

Who does the organisation aim to provide a service for?

Adults aged 18-60 with a diagnosis of Personality Disorder or who have an enduring experience/pattern of emotional and behavioural problems, e.g. disrupted relationships, self-harm, substance/alcohol misuse and/or eating disorders.

Who can and who can't access it i.e. inclusion/exclusion criteria ?

Who can access?	Who's excluded?
As above	Those with serious mental illness Those with a learning disability Those on a section under the Mental Health Act People with court cases pending People who require a medically-assisted detox programme

Are there any barriers to new people joining?

Please refer to proviso above. Under normal service conditions, there is sometimes a waiting list.

How can people access it?

We can only take referrals from professionals, usually attached to a CMHT.

How does the process start?

There is an outreach assessment and/or a selection group at Henderson Hospital by appointment.

Are there any conditions to joining?

Potential residents are expected to show a readiness to change and to be prepared to live in a residential setting. The community is medication-free: residents are expected to be free of medication within the first few weeks. People are encouraged to think in terms of long-term treatment i.e. 9 months -

1 year. There is no contract to sign but you do agree to engage with the programme and to accept the consequences of rule-breaking.

Are there any opportunities for service users to have an informal chat/meeting with someone before joining?

Telephone enquiries only with a member of staff.

What makes it different from mainstream mental health services?

It is a democratic therapeutic community. Service user involvement and empowerment are central to the service model. Residents select who comes into the service. Residents can also discharge other residents from the service.

What do people who use the service like about it?

Sense of involvement, sense of community and empowerment, bonding with one's peers. Regaining a sense of purpose in life.

What could I expect if I came along?

You could expect to be welcomed, challenged on your behaviours and supported to think about yourself.

Who runs the organisation/project?

South West London & St George's Mental Health NHS Trust

Any plans for future development?

See proviso.

Service User and Carer Involvement

Service User Involvement

There is extensive involvement at all levels including: selection and discharge of residents; holding different posts/jobs within the community throughout the treatment programme; cleaning; cooking; ordering of food; full range of day-to-day living. Input into the therapeutic programme.

Involvement is encouraged and supported on personally, locally and nationally levels. Residents participate in training with other organisations, ex-residents and government/Department of Health organisations. Residents have made presentations to mental health professionals and work with the Henderson Resource Group (see separate entry).

Carer Involvement

Carers are not involved in running the project but we do encourage family groups within the programme where appropriate.